

EVS at Relvas Farm



Volunteer Profile:

- ages between 18 to 30 years old.
- interest on eco-sustainability (permaculture & bio-construction), healthy lifestyles and cultural artistic activities
- responsible
- ability to work within a team
- interest in living in a farm
- Basic know how in areas as communication (social media - YouTube, Instagram and Facebook) and agriculture (dealing with farm animals and planting vegetables)

Volunteers Application

- 1- Partners call & first selection (info for participants, first questions, volunteers obligations and rights, venue, personal projects ideas- first draft)
- 2- Filling application form
- 3- Skype interview - volunteers presentation/ personal projects presentation
- 4- Green light - tickets & insurance

Volunteers Learning outcomes

Permaculture and Bio-construction:

- Responsibility (animals have to be feed and plants watered every day)
- Bio-construction - learning how to create structures with local materials - mud, canes, stones, wood etc) and techniques as SUPERADOBE, COB, bamboo
- to be independent & self-confident create personal projects and implement them),
- know how about gardening (planting vegetables, when and how to crop, tools),
- Waste management (recycling and making compost)
- Capacity to solve problems (trying to pass from one idea till the final project).

Arts:

- Creativity (looking at nature and trying to create something that passes a message),
- Preparing artistic residences,
- Painting, sculpture others

Communication:

- Foreign language skills (use of English and learning Portuguese),
- Use social media in their benefit - sharing their ideas and projects results properly;
- learn how to produce, and manage a YouTube Channel.
- Learning to produce small videos

Dates

1st Wave:

1st of November 2017 till 30th of April of 2018

2nd wave:

1st of May of 2018 till 31th of October of 2018

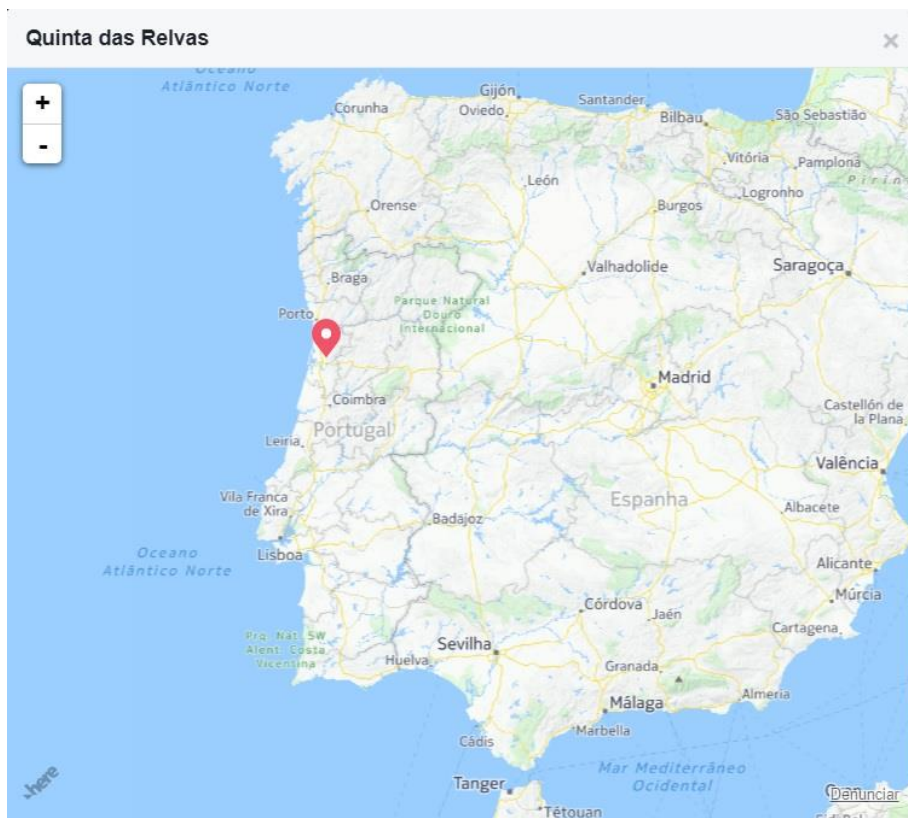
Venue

Relvas Farm - Albergaria-a-Velha Portugal

www.quintadasrelvas.pt

<https://www.facebook.com/quintadasrelvasbranca/>

Maps:



Financial aspects

Costs:

- All travel costs will be reimbursed (only public transports)
- You will receive monthly pocket money for your basic needs
- You will receive help for food costs

Accommodation

- Relvas farm has a dorm and a communitary kitchen where you will be staying.
- Besides that you will have wi-fi, tv and radio that you can use during your stay at the farm
- Relvas farm has two workshops, one directed to the artistic area and another related to the permaculture
- We will have bicycles for you to move around the village

Activities:

- Permaculture (introduction to design, Planting veggies, raised beds, water systems, animals in permaculture, taking care of animals)
- Learning bio construction (COB, superadobe, working with bamboo...)
- Artistic area Painting classes
- Land art introduction
- Portuguese language classes

What to bring:

- Flip-flops
- Towel
- Natural cosmetics and hygiene products (soap, shampoo etc)
- Personal computer
- If you have DSLR camera, microphone, tripod and others
- Working cloths & shoes (you will get dirty)