

EUROPEAN VOLUNTARY SERVICE (EVS)

Municipality of Velo- Vocha (host organization)

HELP AT HOME

‘Help at home’ is a social service program that aims to provide organized and systematic support to elderly and people with special needs.

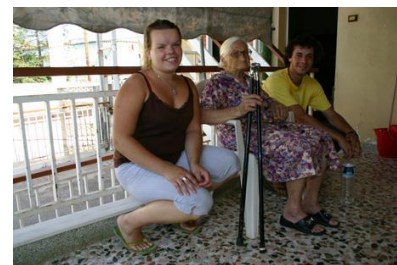
The program addressed in particular elderly people and people with special needs with priorities:

- cannot support themselves totally
- need special treatment
- live alone and isolated
- don't have enough economical sources

The municipality of Velo- Vocha has three centers of elderly people (KAPI) in Velo, Vrahati and Zevgolio. These are small towns situated approximately two hours from Athens. The EVS duration is six months (depending on the agreement).

Volunteer's activities:

The volunteer's activities include; helping the social worker in checking the elderly people's living conditions: visiting and helping in the elderly people's home, taking care of them. They will help in the assistants' work: bringing food for the elderly, helping with cleaning their home and etc. The volunteers will participate in organizing activities for the elderly people (work in the centre for elderly "KAPI") and will participate in the work of the Information office in Xylokastro.



ACCOMMODATION

Lodging: The volunteers will live in an apartment (orfeasEVShome) in Xylokastro together with a group of long term volunteers. The flat is fully furnished with all the necessary cooking facilities. The volunteers will share the rooms with 1-2 other volunteers. More information at www.orfeas.org



Project environment: The volunteers will live in Xylokastro. The volunteer will work in Xylokastro and Derveni depending on where he/she is needed. The cost for transportation is covered.

Support and training

The volunteers will receive Greek language lessons.

Let's try to learn a few words:

Hello/ goodbye : γεια σου (YaSou)

Thank-you: ευχαριστώ (Efharisto)

Please: παρακαλώ (parakalo)

The volunteers will have first hand insight in how the social workers in Greece work and see cultural differences and how to support and work with disadvantaged elderly people and will have the assistance of the employees of the help at home office in his/her daily activities, and moreover workshops about traditions in Greece, Greek custom/ habits and everyday life as well as the learning outcomes of the project from the youth workers of the organization

For this project:

- It is important to respect the way of life of the people in the community.
- Be happy to work in a small community.
- Be flexible to try different activities and to help where you are most needed.
- Have an interest in social care and be willing to provide help to the elderly

About the place

The wealth and diversity of the Greek cultural heritage, history, the mild climate, the high percentage sunshine and its interesting and varying landscape: A real feeling of discovery.

The municipality of Xylokastro - Evrostini consists of the towns Xylokastro, Derveni and the villages that surround them. Xylokastro is on the coast of the Corinthian Gulf in the peninsula of Peloponnesse. The area is agricultural; there are a lot of lemon fields, as well as orange, apricot and olive fields.

Xylokastro is a small, but lively town, especially in summer, when many tourists visit the area. In Xylokastro volunteers can find cafés, bars, night clubs, library, many shops, supermarkets, a pine-tree forest and a beautiful beach.

