



## !!!VOLUNTEERS WANTED!!!

**SUSTINEA** from **Galicia, España** is looking for **one volunteer** for an EVS placement in our umbrella EVS project “**Mirando al Futuro**”.

The placement is for **9 months** and will start in **January 2<sup>nd</sup>, 2018** and end in **November 2<sup>nd</sup>, 2018**.

*Please read carefully **ALL** the information here below before you make the application and if you decide to collaborate with Sustinea, send us the required documents (the list is provided on the last page of this document) to [mobility@sustinea.org](mailto:mobility@sustinea.org) no later than **November 30<sup>th</sup>, 2017**.*

GOOD LUCK!!



## Who are we?

**Sustinea** is a nonprofit association that focuses on sustainable development as an alternative to natural degradation and satisfy local needs. This initiative arises from a group of environmental professionals and enthusiasts, who are concerned about the situation in our natural environment, and seek to address these problems providing experience and expertise. Our purpose is the study, dissemination of information and defence of the environment to promote possible and necessary changes. We tie together the relationship of humans with nature in a sustainable model, hence resulting in the name of the association. One of our main objectives is to encourage citizen participation and involvement in environmental and social problems, so we offer a range of resources, information and environmental activities.

## Where do we operate?

Our offices are located in *Avenida das Caldas nº8 entresuelo derecho (Ourense)*, but our field of work is the entire national territory. We are mainly working in Galicia.

## What do we do?

Our behavior is directly based on activism and environmental education, pushing society towards sustainable development. We preserve nature. Our concern for the natural environment and we strive for integration into future projects which stimulates us constantly in our work. We produce reports and support different administrations in order to provide environmental solutions to the projects undertaken by those. In order to explain the various environmental realities and its causes and effects, we focus on the disclosure of information in simple and engaging ways for different audiences. It is an great challenge that we seek to conquer by walking side by side. We organize awareness campaigns, educational projects, educational and informative material and environmental camps. By thinking globally and acting locally, we design local development projects to help implement ways for progressing forward and increasing the respect for the environment. We also prepare and implement local initiatives in order to lay the foundations for a sustainable future. Since October 2011, Sustinea has managed the Space Environmental Participation in Pena Corneira, located in Leiro (Ourense). The Natural Monument of Corneira Pena offer their resources and provide activities to all citizens in order to contribute to the increase in knowledge and understanding of the environment, and the sustainable use of natural resources.





## How do we work?

Through specific actions, programs and projects of medium and long term, and continuously and by applying the educational project developed at the Center for Environmental Education in Pena Corneira, Lamas (Leiro- Ourense), located in the Natural Monument Sierra Pena Corneira. Actively participating in the outdoor environment activities, we have developed a strong framework of programs and projects. We cover areas in **social awareness, environmental education, environmental regeneration activities, conservation, wildlife studies, promotion of local culture and providing solutions for sustainability** in the Natural and National Parks of Galicia/other natural spaces of Galicia.

With the development of this annual program we anticipate more dynamic approaches of implementing environmental education and awareness, **promotion of volunteering**, and increased knowledge of the local environment and local natural resources. Our activities are aimed at all audiences from youths to adults and children and also other groups. Likewise, our organisation has been involved in many projects in the last two years that include **social initiatives** and **social integration through environmental alternatives**.



## What is “*Mirando al futuro*” Project about?

***Mirando al futuro project*** is an umbrella project that is composed of **2 sub-projects**. This means that 2 volunteers will work in the same association but will have different tasks and roles. The sub-projects are explained here below.

The context of EVS is marked by the need to foster cooperation between European organizations, creating cooperation and a consolidated alliance to continue working together. And to contribute to the creation of a community of young and future well qualified professionals, with open minds, international experience and an important solidarity base.

The activities of the ***Mirando al futuro project*** will be designed to improve these needs as we seek to facilitate their expressiveness and empathy through intercultural, intergenerational or decision-making activities in the design of each intervention, and they will be reinforced with coexistence and during markedly cooperative activities.

The work needs are marked by the development of skills essential for their personal and professional development through this volunteer service, where they will be aware that young Europeans are an active part in the participation of the future of the EU.

**Our volunteers are always involved in all activities**, from the initial brainstorm, management, development and evaluation. Each volunteer will be assigned to a project of the 4 that we present, developing differentiated tasks among them, acquiring different responsibilities that will help them to be motivated day by day and to share between themselves in their moments of coexistence.

They have space as one more in our organization, to be able to propose what they consider interesting to develop and able to carry out, as long as it is in agreement with our philosophy of work.

The volunteer service with our group Sustinea, has as an objective to acquire and improve the young's key skills and professional skills, which will contribute to their employability. As well as increasing the sense of solidarity, developing their social skills and promoting active participation in society. In addition we offer: Living a vital experience, which will bring a personal development.

Develop an activity, which will contribute to your professional development.

We make them move in an international environment, living in another country, knowing a new culture and promoting and facilitating the learning of new languages.



We teach different cultures-different ways of working, creating an open mind.

We train the volunteers in the Volunteer Program.

We support, advise and assist in the realization of Youthpass of volunteers, who will recognize and validate participation and learning.

**\*Important: When making your application please indicate which sub-project you are applying for. If you are interested in more than one sub-project then please make a list of priority. It's probably the 2 volunteers work on the 2 subprojects at times, depending on the workload.**

**We are looking for:**

**1 volunteer for "Ourense Vivo"**

**1 volunteer for "Un rural para todos"**



### **Which are the sub-project:**

From Sutinea we are committed to comply with the EVS Charter and follow its principles. We are aware that EVS is a process of non-formal education and, therefore, the volunteers will play an active role in the execution of the activities, which will favor the contact with the local community and a mutual benefit.

The programming of our activities within the ***Mirando al futuro project*** is related to the management of Environmental Sustainability and Social Justice.

The volunteer will collaborate in different actions related to the elaboration, design and execution of environmental programs and activities and in local, national or international campaigns of our organization, for example in the line of work that we are carrying out of Youth and Environment.

Each volunteer will be assigned to a different project in which they will develop different activities:

#### **Sub-project 1- "Ourense Vivo":**

We will promote the conservation of the peri-urban natural enclaves of the city of Ourense and the ecological restoration of other degraded peripheral areas, creating a natural continuum that avoids physical and ecological fragmentation. We will develop awareness activities and Environmental Education with the ultimate aim of involving citizens in their conservation.

Work in which the volunteer assigned to this project will collaborate:

1. Design and preparation of the proceedings.
2. Design of hiking trails in non-tourist areas of the city.
3. Geolocation of degraded spaces.
4. Study and inventory of fauna and flora.
5. Creation of digital databases.
6. Communication of spills and degraded spaces to the Civil Guard or the SEPRONA.
7. Creation of a traveling exhibition of trails and signs of fauna for Universities and PF.
8. Design and development of Environmental Education activities in schools, associations and universities.
9. Communication, dissemination and publicity of the project.

Place: Ourense city and periphery



### Sub-project 2- "A rural for all":

With this activity we will give training in ecological agriculture, labor orientation and availability of land for orchards, for people belonging to groups at risk of social exclusion. A rural for all program is complemented with advice on the creation of small farms and the exit of agroecological products. Finally we will establish a small bank of land where we can have land for the participants, located in the city of Ourense, so that they can produce for their own consumption or sale of their own products.

Work in which the volunteer assigned to this project will collaborate:

1. Training in ecological agriculture to target groups.
2. Targeting to the target groups.
3. Active support for labor insertion.
4. Land search for orchards.
5. Setting up organic gardens.
6. Work in the gardens.
7. Preparation of materials.
8. Design and construction of the ecological garden in permaculture.
9. Communication, dissemination and publicity of the project.

Location: Ourense City

### **In addition, they will participate in all the activities of the association such as:**

- Progama ECO-Schools.
- Participate in events related to the environment: Earth Day, Environment Day, Tree Day, etc.
- Editing of didactic material (brochures, posters ...) for specific activities, students and general public.
- Training of young people and children in the rural community through workshops and non-formal education, etc.)
- Participate in the field activities to know the Natural Parks in which we work: monitoring of fauna, monitoring and studies of biodiversity, orientation ...
- Design and participate in different workshops: urban gardens, edible terraces, urban beekeeping, renewable energy, waste, compost, games and toys with reused materials, responsible consumption ...
- Participate in the planning, programming and development of camps, work camps, youth exchanges, courses, seminars, training programs, both nationally and internationally.



**IMPORTANT: For this sub-projects we are looking for a volunteer who ALREADY speak some spanish.**

## When and Where?

The project will start in **January 2<sup>nd</sup>, 2018** and will last for **9 months**. You will be volunteering in our offices in **Ourense (Galicia)**.

You will be living in a volunteer house close to work that you will share with other volunteers like yourself. There are four rooms, one bathrooms, one kitchen, a living room, a storage room of Sustinea, and two samll terraces in the house.

You will also be given around 130 € per month that you can use in most supermarkets and restaurants to cover your food costs in Spain. You will also receive 105 € of monthly allowance in the beginning of each month as pocket money. You will have a bicycle card to tour the city. A Spanish language course during the 9 months will also be provided by the hosting organisation (if you do not have a good level of Spanish before the project).



## Do you have the right profile?

We are looking for a volunteer who are empathetic and gifted for all our projects.

Specifically for the A rural for all project, we need people with the capacity to work and value their needs and circumstances together with people, families, groups, organizations and communities.

Plan, implement, review and evaluate work practice with disadvantaged individuals and groups.

That they be able to support people so that they are able to manifest the needs, points of view and circumstances, because it is a project that treats the target people personally and directly.

Be responsible, with supervision and support, of the practice within the organization.

It would be great to have knowledge in permaculture or in organic farming!



For the Ourense Vivo and ECO-Escolas project, we need people with civic responsibility, skills to apply environmental teaching resources in a transversal way, with capacity to organize and plan the activities to be developed, always under supervision and help, which Have initiative and communicative capacity for the transmission of knowledge, with abilities to stimulate groups of children, youth and adults, as well as teamwork.

Given these premises, the Sustinea team will work on the training of volunteers, to provide them the techniques, tools, methods and knowledge necessary to perform their work with guarantees of success.

### **Thing you should take into consideration:**

In Sustinea we are open to your suggestions that are in line with our mission and objectives and we will encourage you to develop your own projects in Sustinea. However, if your motivations are very far from ours, than this might not be the right organisation for you and we advice you to check other organisations that work in the areas of your interest. Please do not make your application **ONLY** based on the city or the country.

Volunteering is not a paid job but this does not mean that our relationship (volunteer-organisation) will be casual and non-professional. We expect you to be aware of the fact that you are coming to Spain to **VOLUNTEER** for 30-35 hours a week to work on Sustainable Development, Environmental Education and Environmental Conservation, so we expect you to be responsible in your tasks, commitments and your relationship with Sustinea.

**If you are interested in participating in this project please send all the following documents to [mobility@sustinea.org](mailto:mobility@sustinea.org) no later than November 30<sup>th</sup>, 2017 12:00 AM:**

- ❖ **CV in Europass format (in English or in Spanish);**
- ❖ **Motivation letter (in English or in Spanish);**
- ❖ **The application form in attachment (in English or in Spanish; application forms of other organisations will NOT be accepted);**
- ❖ **Other documents (presentations, videos, photos etc.) that you think might be relevant.**

**\* If you speak some Spanish, we highly encourage you to send these documents in SPANISH (rather than in English) even though your Spanish might not be perfect. We value your effort and your capacity to communicate even with limited Spanish, rather than perfectly written Spanish/English applications.\***