

CALL FOR APPLICATIONS

PROJECT

Intergenerational Learning and Living

You have a big heart, and you always wanted to engage for others in need of help? You want to do good and have fun just as well? To dive into a new language and culture and find international friends too? YES? Then come to us to beautiful Lower Austria – and become volunteer in one of our three care and nursing homes. **We are looking for you!**

You will be part of an experienced, proactive and mindful team that accompanies and cares for elderly people. The staff members and volunteers are very motivated and dedicated to create a warm and supportive environment for their clients. The team consists of volunteers, community servants and staff members of various cultural backgrounds, offering a great atmosphere of mutual learning for everybody involved.

We offer a great variety of different multifaceted activities, such as:

... accompanying and caring for elderly people and learning about renowned methods like biography work and empathetic talks

... conceptualizing and performing activities with individuals and groups, such as music, crafts, gardening, animal supported therapy etc.

... taking care of the outdoor area, including new concepts of how to cultivate the garden

... organising excursions and events, and being creative in decorating for festivities

... supporting the PR-team in creating promotional material and content for the website and social media channels

...and many more



Within our project, you have the opportunity to fill your personal toolbox with new practical and theoretical skills and to share your personal competences and interests!

You're inspired and wish to participate?

We invite you to apply for one or all three of our nursing homes!

Our residential care and nursing homes

All of our care and nursing homes are best practice institutions, well equipped and experienced in working with volunteers. They have a long tradition in voluntary work involving people of all generations. We will host 2 European volunteers per institution.

Our three homes are located in different parts of Lower Austria. Check out which one is most suitable for your interests and needs:

Care and nursing home Gloggnitz

The home is located in the heart of the small town of Gloggnitz. Surrounded by scenic mountains, Gloggnitz is situated in the rural south-eastern part of Lower Austria with a good train connection to Vienna (70km). Both the train station as well as the town center with shopping facilities, cafés and restaurants are within short walking distance. The area of Gloggnitz is characterized by a beautiful mountainous scenery, offering exceptional leisure opportunities both in summer (ie. mountain hiking) and in winter (ie. skiing). The house is surrounded by a generously designed park with old trees, a pond and a therapy garden. The integrated coffee house is an attractive communication center for the people of Gloggnitz as well as for the residents of the home.

Care and nursing home Mödling

The home is located in the town of Mödling, within walking distance of the train station. Right at the house there is a city bus station, linking the residents to all parts of the town. Mödling is located just a short train ride from Vienna, approximately 14 km south of our capital and therefore quite urban. Its historical center is situated close to the red pine forests of the "Wienerwald" – Vienna's green lung. Mödling has a rich cultural life with several theatres and festivals as well as multiple shopping facilities.

Care and nursing home Herzogenburg

The house is located close to the center of Herzogenburg, a small town in the heart of Lower Austria. The region is very central, with easy train links to Vienna and Linz (Upper Austria). The closest city is St. Pölten, the capital of Lower Austria (about 11 km to the south). Herzogenburg is also very close to Krems and the UNESCO world heritage "Wachau", an exceptionally beautiful part of our country. The house is surrounded by a huge, beautiful garden, offering possibilities to work outside with the elderly persons. The nursing home sees itself as an open house and an integral part of the town life, with its frequently attended café and its regular social and cultural events which are open to the public.

Volunteer Profile

Are you ...

- 😊 open minded, supportive, respectful, empathetic and friendly?
- 😊 curious about living in beautiful Austria for 10 – 12 months, learning German and gaining intercultural competences?
- 😊 happy to interact with elderly people as well as with staff members of all ages and nationalities?
- 😊 interested in carrying out supportive and creative activities, both independently and together with a team?
- 😊 eager to gain experiences in a field of social / pedagogical work, which will be of growing importance in our society within the coming decades?

Accommodation, food, transport arrangements & finances

You will have free accommodation for the duration of your stay, offered and organized by your chosen nursing home.

Depending on the location, you will have your private apartment or private room in a shared flat with the second volunteer. In addition, each volunteer receives 150€ pocket money and €150 food allowance per month. Food will be provided by the company kitchen free of charge.

Furthermore, you will receive the ÖBB VorteilsCard which allows you to travel on trains at a discounted rate during an entire year.

Support, trainings and meetings

In your nursing home, you will be supported by mainly two persons: Your tutor, who will be in charge of organising your voluntary work, and your mentor, who will take care for your wellbeing during your stay in Austria; this person will be there for you for at least 5 days per week to discuss any problems and concerns that might occur. You will have weekly reflections with your tutor and mentor and you will learn to use your learning journal and how to assess your learnings for the Youthpass. Of course, you will also be offered a German language course according to your needs.

Furthermore, you will be invited to participate in regular events and networking meetings throughout your stay in Austria, giving you the opportunity to get in touch with other volunteers in Austria.



Application

We want to welcome you in Austria as soon as possible. Your volunteering adventure should start in September / October 2020. Please send the following document as soon as possible, but **June 17th 2020** at the latest:

- Completed application form (see attached document)
- CV

At the same time, please contact your regional ESC office which you will need as sending organisation for your placement.

The candidates will be selected until the beginning of July 2020.

Please send your application per email to:



Christiane Aschauer

Jugendinfo NOE

christiane.aschauer@jugendinfo-noe.at

Useful links:

HOSTING ORGANISATION:

www.jugendinfo-noe.at

CARE AND NURSING HOMES:

www.pbz-gloggnitz.at

www.pbz-moedling.at

www.pbz-herzogenburg.at

Further questions? Contact us! international@jugendinfo-noe.at

